Health Connection of Tustin

Amy B. Friedman, DC Marissa Sturges, DC 165 Yorba St Tustin, CA 92780

New Patient Intake Form

Today's Date (MM/DD/YYY)	Whom may we thank t	for referring you?	
Patient's First Name	Patient's Middle Name	Patients Last Name	
Birth Date (MM/DD/YYY)	Social Security Number	Age	4
Address		•	
City	State Zip Code	Preferred Language	_
Cell Phone	Home Phone	Preferred Method of	f Contact:
		O Home Phone	O Cell Phone
E-mail Address		O Work Phone	O E-Mail
Occupation	Employer	Work Phone	1
Emergency Contact	Emergency Contact Phone	-	
Primary Care Provider	Insurance Carrier	Policy Number	
Have you previously seen a Chirop	ractor? O Yes O No		
If so, when was your last visit?			
When was the last time you had X	-rays? MRI?	Where?	
Approximately when was your last	medical physical?	_	
	ou've consulted for the same issues?		
If so, when was your last visit?			

Date:				_						Amy B. Friedman, Do Marissa Sturges, Do 165 Yorba S Tustin, CA 92780
						Health H	istory			
Had	Have	<u>e</u>		<u>Had</u>	Have	2	<u> </u>	lad	Have	
0	0	Headaches		0	0	High Blood P	ressure	0	0	Diabetes
0	0	Neck Pain		0	0	Heart Attack		0	0	Excessive Thirst
0	0	Upper Back	Pain	0	0	Chest Pains		0	0	Frequent Urination
0	0	Mid Back P	ain	0	0	Angina		0	0	Smoking/Tobacoo Use
0	0	Low Back P	ain	0	0	Kidney Stone	es	0		Drug/Alcohol Dependence
0	0	Shoulder Pa	ain	0	0	Kidney Disor		0		Allergies
0	0			in O	0	Bladder Infe		0		Depression
0		Wrist Pain	and the state of t	0	0	Painful Urina		0		Systemic Lupus
0	0	Hand Pain		0	0	Loss of Blade		0		Epilepsy
0	0	Hip Pain		0		Weight Gain		0		Dermatitis/Eczema
0		Upper Leg I	Dain	0		Loss of Appe		0		HIV/AIDS
0	0	Knee Pain	anı	0		Abdominal P				es Only
0	0	Ankle/Foot	Dain	0		Ulcer		0		PMS
			raili	0				0		Birth Control Pills
0	0		C+:ff= coc		0	Hepatitis		_		
0		Joint Pain/	Stiffness	0			adder Probler	650 mm mm m		Hormonal Replacement
0	0	7 61.11.1616		0	0	General Fati		0		Pregnancy
0	0	Rheumatoi		0	0					en:
0		Cancer (Type	e/Date)	0		Visual Distur				Only
0		Tumor		0		Dizziness		0		Prostate Problems
0		Asthma		0		Glaucoma		0		Loss of Muscle
0	0	Chronic Sin Other:	usitis	0	0	Stroke		0	0	Erectile Dysfunction
Fami	ly He	alth History:	(Cancer, A	Arthristis, Dia	betes,	Heart Diseas	se, Kidney Dise	ase,	Etc)	<u> </u>
				-	And Que to all and the		d or are consid			king:
Pain	Relie	vers	O Daily	O Weekly	0 (Occasionally	O Never			
-		ctivity Level			ildly A		derately Activ	e (o Extr	emely Active
		its: O Back	○ Side	o Stomach	Hour	s per night:_				
Socia Alcol		tory and Hea	alth Habits O Daily	O Weekly	0.0	occasionally	O Never			
200000000000000000000000000000000000000		oducts	O Daily	O Weekly		Occasionally	O Never			
	Drink		O Daily	O Weekly		Occasionally	O Never			
Wate	9 may 2000 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	THE CONTRACTOR STATE OF THE STA	O Daily	O Weekly		Occasionally	O Never			
Caffe			O Daily	O Weekly		Occasionally	O Never			
Drug	THE RESERVE AND RES		O Daily	O Weekly		Occasionally	O Never			
Toba	ссо		O Daily	O Weekly	00	Occasionally	O Never			

Patient Name:_

Health Connection of Tustin

Patient Name:			Health Cor	nnection of Tustin
Date:		nt Health Concern	<u>s</u>	Amy B. Friedman, DC Marissa Sturges, DC 165 Yorba St
				Tustin, CA 92780
0 1	2 3 4	5 6	7 8 9 1	 0
No Pain Minimal Pain (Annoyance)				Constant Severe Pain (incapacitated)
Area of Concern #1 :				500 Marie 100 Ma
Pain/ Discomfort Scale: 0	1 2 3 4	5 6 7 8	9 10 (please circle)	
When did it begin?: How often do you experience o Intermittently (1-25% of the time) What aggravates it? Limited activities? Area of Concern #2 : Pain/ Discomfort Scale : 0 When did it begin?: How often do you experience o Intermittently (1-25% of the time) What aggravates it? Limited activities?	your symptoms? O Occasionally (26-50% of the state of th	time) o Frequently (51-75% What alleviates 5 6 7 8 did it begin?: time) o Frequently (51-75% What alleviates	of the time) o Constantly (76-100% or ?	of the time)
Area of Concern #3 : _				
Pain/ Discomfort Scale: 0	1 2 3 4	5 6 7 8	9 10 (please circle)	
When did it begin?: How often do you experience o Intermittently (1-25% of the time) What aggravates it? Limited activities?	your symptoms? o Occasionally (26-50% of the	time) o Frequently (51-75% What alleviates	of the time) O Constantly (76-100% o	of the time)

Dr's Initials:_

WORK / COMP HISTORY

Patient		Phone ()
Address	City	State	Zip
Age Birthdate			
Name of Compensation Carrier:		Phone ()
Address of Carrier:			
Employer's Name:	•	Phone ()
Employer's Address:			
1. Type of Business	Your Occupation _	1	
2. Date Injured Hour AM / PM	Last Date Worked	Are you off work?	() Yes () No
3. Previous Workers' Compensation Injury? ()	Yes ()No		
4. Accident reported to employer? () Yes ()			
5. Injured at:			
6. Length of time worked there prior to accident:			
7. Type of work being done at time of injury:			
8. In your own words, please describe accident:			
9. Have you been treated by another doctor for thi	is accident? ()Yes ()No		
If yes, please list doctor's name and address:			
What type of treatment did you receive?			
How long were you treated by this doctor?			······································
10. Are you: () improved () unchanged	() getting worse		
11. What types of medicines are you taking?			
Do these medicines help? ()Yes ()No	() Don't know		
12. Have you had physical therapy? () Yes ()	No If yes, how often?		
() Daily () Every other day () Sev	eral times a week () Weekl	y () Every other	week
() Monthly () Other			
Does the physical therapy help? () Yes () No () Don't know		
13. Prior to this accident, have you ever had any of	the physical complaints similar	to what you have now	17
()Yes ()No ()Don't know			
If yes, describe:			
Were these similar complaints the results of a			
Please provide details of accident(s):			

Have you had any other serious accidents				carcare? (,			
Describe:			atio	n? ()Yes	() No		
Describe:								
6. Have you had any surgeries? () Yes () N	lo						
If yes, list type of surgery and date:								
7. Have you had any nervous or mental illnes	sses	?'()Yes	()	No	A	-,7		
Have you had psychiatric care? () Yes								
			~~	2 ()Yes	()	No		
3. Have you received a medical discharge fro					()	110		
Have you returned to work since this acci								
If you have returned to work since your ac	ccide	ent, please fill	lou	t the informat	tion	below:	11 2	
DATE EMPLOYER				OCCUPATION			LIGHT DUTY REG. DUTY	FULL-TIM PART-TIM
		1						
		NT MEDICA	Λ1	COMPLAIN	ITS			
	RRE	NT MEDICA	AL	COMPLAIN	ITS			
BACK PAIN:							back	
BACK PAIN: 1. Currently, I have pain in my:	() low back	() mid back) upper	back	
BACK PAIN: 1. Currently, I have pain in my: 2. My pain began:	() low back) gradually	() mid back) suddenly	(back	
BACK PAIN: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain:	() low back) gradually) sometimes	() mid back) suddenly) all of the ti	() upper	back	
BACK PAIN: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my:	() low back) gradually) sometimes) right leg	() mid back) suddenly) all of the ti) left leg	(back	
ACK PAIN: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my:	() low back) gradually) sometimes	() mid back) suddenly) all of the ti	() upper	back	
BACK PAIN: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I:	((() low back) gradually) sometimes) right leg) right leg	() mid back) suddenly) all of the ti) left leg	() upper	back	
BACK PAIN: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I: cough or sneeze	(((((((((((((((((((() low back) gradually) sometimes) right leg	() mid back) suddenly) all of the ti) left leg) left leg	() upper	back	
BACK PAIN: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I: cough or sneeze sit	(((((((((((((((((((() low back) gradually) sometimes) right leg) right leg) Yes	() mid back) suddenly) all of the ti) left leg) left leg) No	() upper	back	
1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I:	(((((((((((((((((((() low back) gradually) sometimes) right leg) right leg) Yes) Yes	() mid back) suddenly) all of the ti) left leg) left leg) No) No	() upper	back	
BACK PAIN: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I: cough or sneeze sit	(((((((((((((((((((() low back) gradually) sometimes) right leg) right leg) Yes) Yes) Yes	() mid back) suddenly) all of the ti) left leg) left leg) No) No) No) No) No	() upper	back	
1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I:) low back) gradually) sometimes) right leg) right leg) Yes) Yes) Yes) Yes	() mid back) suddenly) all of the ti) left leg) left leg) No) No) No) No	() upper	back	
3. I have pain: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I: cough or sneeze sit bend walk lift push puil) low back) gradually) sometimes) right leg) right leg) Yes) Yes) Yes) Yes) Yes) Yes	() mid back) suddenly) all of the ti) left leg) left leg) No) No) No) No) No) No	() upper	back	
1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I:) low back) gradually) sometimes) right leg) right leg) Yes	() mid back) suddenly) all of the ti) left leg) left leg) No	() upper	back	
3. I have pain: 1. Currently, I have pain in my: 2. My pain began: 3. I have pain: 4. My pain goes into my: 5. I have tingling and/or numbness in my: 6. My pain is worse when I: cough or sneeze sit bend walk lift push puil) low back) gradually) sometimes) right leg) right leg) Yes) Yes) Yes) Yes) Yes) Yes	() mid back) suddenly) all of the ti) left leg) left leg) No) No) No) No) No) No	() upper	back	

NE	CK PAIN:							
1.	My neck pain began:	() gr	adually	`() suddenly		
	I have pain:	() sc	metime	es () all of the ti	me	
	My pain goes into my:	() rig	ght arm	() left arm	() both
	I have tingling and/or numbness in my:	() rig	ght arm	() left arm	() both
	My pain is worse when I:	- 0	7					
o.	cough or sneeze	() Y e	es	() No		
	bend forward	() Ye		() No		
	lift	() Ye		() No		
	push	() Ye		() No		
	pull	() Ye	es ·	() No		
	turn my head	() Y.	es	() No		
6.	My pain wakes me up during the night	() Y (es	() No		
	Changes in the weather affect my pain	() Ye	es	() No		
	I have neck stiffness	() Ye	es	() No		
	I have headaches	() Y		() No		
	If I do get headaches, they occur:	(ometim	es (ime	
ОТ	HER PAIN:							
						PTION:		
	(In terms of an 8-hour workday, "occasio 67% to 100% of the day).	nall	y" m	neans 3	3%, "f	requently" me	eans	s 34% to 66%, and "continuously" means
1.	In a typical 8-hour workday, I: (Circle #	of h	ours	/ activ	ity)			
	Sit: 1 2 3 4 5		6	7	8	hours		
	Stand: 1 2 3 4 5		6			hours		
	Walk: 1 2 3 4 5		6	7	8	hours		
2.	On the job, I perform the following activ	itie	s:					
	NOT AT ALL			IONAL	LY	FREQUENTI	_Y	CONTINUOUSLY
	Bend / stoop ()		()		()		()
	Squat () Crawl ()		()		()		()
	Climb ()		(ý		()		()
	Reach above							
	shoulder level ()		()		()		()
	Crouch () Kneel ()		(()		()		()
	Balancing ()		(()		()		()
	Pushing / Pulling ()		(()		()		()

Are you required to drive automotive equipment? () Yes () No Describe:
Describe:
Are you required to be around moving machinery? () Yes () No
Are you required to work on unprotected heights? () Yes () No Describe:
SIMPLE GRASPING FIRM GRASPING FINE MANIPULATING Right hand () Yes () No () Yes () No Left hand () Yes () No () Yes () No () Yes () No
Are your feet used for repetitive movements, such as in operating foot controls? () Yes () No Do you use your hands for repetitive actions, such as:
35 to 50 pounds () () () () 51 to 74 pounds () () () 75 to 100 pounds () () () Do you have to bend over while doing any lifting? () Yes () No

OFFICE POLICY FOR HEALTH CONNECTION OF TUSTIN

<u>Financial Responsibility</u>: You are ultimately responsible for charges incurred as a result of any chiropractic evaluation, treatment or supplies provided for your care regardless of expected payment by your insurance company or third party. If you have chiropractic benefits through your private health insurance, we will verify your coverage and based upon that information notify you of your responsibility, which is never a guarantee until your insurance is billed and an EOB (explanation of benefits) is received. Insurance billing is provided for ABFCC (Amy B Friedman Chiropractic Corporation) through Priority One Billing who often utilizes online statements and payment portals sent through our practice management software, Kareo. If you have a flat co-pay, you are responsible for payment each day you receive care. Coinsurance and deductible fees that are applied by PPO insurances will be balance billed and due within thirty days of upon receipt of your email or if preferred paper/mailed statement.

- Personal Injury Claims: are taken upon approval and arrangements will be made on an individual basis. If you have MedPay (Medical coverage) on *your* auto policy it is customary for our office to bill that policy during the course of your care regardless if the injury is the fault of a third party. Third party cases without an attorney require the patient to pay a portion of their total bill as they receive care (see third party agreement) and the balance upon settlement of the case. If you have an attorney representing your case, a lien may be signed upon approval of the office. You are ultimately responsible for paying your balance in full immediately upon settlement from a third party.
- Work Related Injury Cases: are taken upon approval and require pre-authorization.
- Massage Therapy: All massage therapy services are provided on a fee-for-service/cash basis and require
 payment upon completion of that service. In order to hold a future massage appointment a credit card will be
 kept on file and only charged for late cancellations or missed appointments. Missed or cancelled massages less
 than 24-hour notice are subject to fees as determined by our massage policy, \$35 for ½ hour and \$65 for one
 hour.
- Supplements and Supplies: Any supplements or supplies must be paid upon receipt.
- All accounts over 60 days are considered overdue and subject to collections.

<u>Informed Consent</u>: By signing below, I acknowledge I have read and received the informed consent for chiropractic care and have all my questions answered regarding the safety and purpose of chiropractic manipulative treatment. I wish to rely on the doctor's experience and expertise to exercise good judgement when choosing the most safe and effective course of care based upon my history, physical exam and any radiological imaging obtained. I consent for care for the entire course of treatment for my present and future conditions.

<u>Authorization and Assignment</u>: I authorize Health Connection of Tustin to release any information and records required and appropriate for appropriate insurance authorization, billing or appeals, attorney, or referred physician. I authorize direct payment from my insurance company or attorney to my doctor for charges made for treatment rendered. This authorization and assignment are irrevocable and ongoing until all monies owed have been satisfied and paid in full. It will remain in continual effect. A photocopy shall be as valid as the original document.

, -	erstand the Health Connection of Tustin office policy signment of payment for services rendered.	regarding my financial
Printed Name	Signature of patient if >18 yrs or parent	Date
Name of parent or legal guardian		

Informed Consent for Chiropractic Manipulation and Treatment

As with any healthcare procedure there are certain complications which may arise during the course of chiropractic manipulation and ancillary therapy such as hot or cold packs, electric muscle stimulation, laser therapy, microstimulation, traction, therapeutic ultrasound and non-surgical spinal decompression. Drs. Friedman and Sturges are required to advise their patients that there are risks associated with such treatment.

The nature of chiropractic treatment: The doctor will use her hands or a mechanical device (known as and Activator instrument) in order to move your joints, known as chiropractic manipulation. With manual adjustments you may feel a "click" or "pop", such as the noise when a knuckle is "cracked". You may or may not feel movement of the joint. Some patients may experience some soreness/tenderness/stiffness following the first few days of treatment which are more common when beginning care vs. ongoing treatment.

<u>Possible Risks:</u> Complications may include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. An exceptionally rare cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck or more rarely dislodged if you are predisposed to blood clots. Ancillary therapeutic procedures could produce skin irritation, bruising, burns or minor abrasions.

<u>Probability of risks occurring:</u> The risks of complications due to chiropractic treatment (manipulation and ancillary procedures) have been described as "rare". The risk of cerebrovascular injury or stroke, has been estimated at one in one million to one in twenty million, and can be even further reduced by screening procedures. The doctor will make every appropriate effort to screen for contraindications to care; however, I know it is my responsibility to inform the doctor of any conditions that are not obvious from my intake forms or physical findings upon my examination. Significant high blood pressure and A-Fib already predispose patients to stroke, regardless of manipulation. Underlying diseases such as cancer or osteoporosis could lead to more risk of fractures.

Other treatment options which could be considered may include the following:

- Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, and other side effects in a significant number of cases.
- Medical care, typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include
 a multitude of undesirable side effects and patient dependence in a significant number of cases.
- Hospitalization in conjunction with medical care adds risk of exposure to virulent communicable disease
 in a significant number of cases.
- Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an
 extended convalescent period in a significant number of cases.

<u>Risks of remaining untreated:</u> Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

<u>Unusual risks:</u> I understand that the doctor will verbally acknowledge any unusual risks I may pose to manipulation.

I have read the explanation above of chiropractic treatment. I have had the \mathbf{o}_{\parallel}	pportunity to have any
questions answered to my satisfaction. I have fully evaluated the risks and be	nefits of undergoing
treatment. I consent to undergo the recommended treatment as recommended	d by the doctor,
including spinal manipulation, and herby give my full consent to treatment. I	I intend this consent to

Date

Printed Name

Signature

Health Connection of Tustin

Amy B. Friedman, DC Marissa Sturges, DC 165 Yorba St Tustin, CA 92780

HIPAA Compliance Patient Consent Form

Our Notice of Privacy Practices provides information about how we may use or disclose protected health information.

The notice contains a patient's rights section describing your rights under the law. You may request to see the notice at any time. You ascertain that by your signature, that you have review our notice before signing this consent.

The terms of the notice may change, if so, you will be notified at your next visit to update your signature/date.

You have the right to restrict how your protected health information is used and disclosed for treatment, payment, or healthcare operations. We are not required to agree with this restriction, but if we do, we shall honor this agreement. The HIPAA (Health Insurance Portability and Accountability Act of 1996) law allows for the use of the information for treatment, payment, or healthcare operations.

By signing this form, you consent to our use and disclosure of your protected healthcare information and potentially anonymous usage in a publication. You have the right to revoke this consent in writing, signed by you. However, such a revocation will not be retroactive.

By signing this form, I understand that:

- Protected health information may be disclosed or used for treatment, payment, or healthcare operations.
- The practice reserves the right to change the privacy policy as allowed by law.
- The practice has the right to restrict the use of the information, but the practice does not have to agree to those restrictions.
- The patient has the right to revoke this consent in writing at any time and all full disclosures will then cease.
- The practice may condition receipt of treatment upon execution of this consent.

May we call, e-mail, or send a text to you to confirm appointments?						
May we leave a message on your answering machine at home or on your cell phone?						
May we discuss your medical condition with any member of your family?	YES	NO				
If YES, please name the allowed members:						
This consent was signed by:						
Signature: Date:						
Office Staff: Date:						